

# Worksheet

<p><b>DRUG USE</b></p> <ul style="list-style-type: none"><li>• How did the young person get into drugs?</li><li>• Which drugs?</li><li>• How did this affect their lives?</li></ul>	<p><b>HELP/SUPPORT</b></p> <ul style="list-style-type: none"><li>• Why did the young person seek help?</li><li>• What sort of help did they get?</li></ul>
<p><b>IMPACT</b></p> <ul style="list-style-type: none"><li>• What difference has Project 28 made for the young person?</li></ul>	<p><b>FUTURE</b></p> <ul style="list-style-type: none"><li>• What are the young person's future plans?</li></ul>

# Teacher's Help Sheet 1

## YOUNG MAN

<p><b>DRUG USE</b></p> <ul style="list-style-type: none"> <li>● Was 11</li> <li>● Started smoking weed</li> <li>● Village life boring</li> <li>● Cousin smoked</li> <li>● Group identity</li> <li>● Drinking</li> <li>● Got into using bong</li> <li>● Until age of 15</li> <li>● Got drunk and started using other drugs</li> <li>● Cocaine, pills, MDMA Ketamine, Acid, new drugs on the scene</li> <li>● Wanted to be the first to try new drugs</li> <li>● Dropped behind (in terms of progress)</li> </ul>	<p><b>HELP/SUPPORT</b></p> <ul style="list-style-type: none"> <li>● Got into trouble, burglary, battery, GBH, went to court</li> <li>● Caught in school</li> <li>● School to Youth Offending Team</li> <li>● Referred to P28</li> <li>● Non-judgemental</li> <li>● Made him think</li> <li>● Guidance , advice, help</li> <li>● P28 understands about drugs</li> <li>● Checking out information about drugs together</li> <li>● Music room/decks</li> </ul>
<p><b>IMPACT</b></p> <ul style="list-style-type: none"> <li>● Drug use reduced</li> <li>● Moved away from influences</li> <li>● Thinks a lot more about keeping safe</li> </ul>	<p><b>FUTURE</b></p> <ul style="list-style-type: none"> <li>● Looking for a job</li> <li>● Possible job lined up</li> <li>● Got more balance in life</li> </ul>

# Teacher's Help Sheet 2

## YOUNG WOMAN

<p><b>DRUG USE</b></p> <ul style="list-style-type: none"> <li>● Mum died, she was angry, drank to take away the pain.</li> <li>● Cider, vodka, weed, pills, coke, MDMA</li> <li>● When she was 13.</li> <li>● Drank every day.</li> <li>● Lacking in confidence.</li> <li>● Depressed, grumpy.</li> </ul>	<p><b>HELP/SUPPORT</b></p> <ul style="list-style-type: none"> <li>● Brother had been to P28</li> <li>● Friends encouraged her to do something with her life..</li> <li>● 18 years old</li> <li>● Practical help, housing, court,police..</li> <li>● Emotional support</li> <li>● Felt listened to.</li> <li>● Could talk about what was getting her down..</li> <li>● Received positive feedback</li> <li>● Trustworthy service.</li> </ul>
<p><b>IMPACT</b></p> <ul style="list-style-type: none"> <li>● Much greater confidence.</li> <li>● Has come out of her shell.</li> <li>● Has received help to find a house.</li> <li>● Has received advice about lots of things.</li> <li>● Feels that she can drop in any time.</li> <li>● Much happier.</li> </ul>	<p><b>FUTURE</b></p> <ul style="list-style-type: none"> <li>● College.</li> <li>● Hair &amp; Beauty course.</li> <li>● 3 year course.</li> <li>● Wants to do massage.</li> <li>● Has future plans.</li> </ul>